



Aspasia Makri

Home : Athens, Greece

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Date of birth: 24/08/2003 **Nationality**: Greek

EDUCATION AND TRAINING

[2021 – 2025]

B.A. in Sociology

University of the Aegean

City: Mytilene | **Country**: Greece | | **Final grade**: 8,40 | **Level in EQF**: EQF level 6 | **Thesis**: «Hate Speech in European Law and the Role of Far-Right Parties in the European Parliament»

WORK EXPERIENCE

North Aegean Region

City: Mytilene | **Country**: Greece

[07/2025 – 31/08/2025]

Internship at the Social Welfare Directorate

Hatzidaniel Bookshop

City: Mytilene | **Country**: Greece

[07/2023 – 01/10/2025]

Salesperson

Once Upon a Sweet

City: Mytilene | **Country**: Greece

[07/2022 – 10/2022]

Salesperson

LANGUAGE SKILLS

Mother tongue(s): Greek

Other language(s):

English

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

French

LISTENING B1 READING B1 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Spanish

LISTENING A1 READING A1 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

CONFERENCES AND SEMINARS

[08/10/2025 – 12/10/2025]

Rhodes MRC 2025- University Edition Rhodes

Participated as a delegate in the Council of Europe, addressing the topic "*Combating Human and Organ Trafficking.*"

[06/2025] **European Youth Event 2025** Strasbourg,France

I participated in the European Youth Event (EYE) at the European Parliament in Strasbourg, contributing to discussions on youth engagement and the future of Europe through interactive workshops and debates.

[11/2024] **Exploring Europe's legal and political future through respect for human rights**
Paris,France

I participated in a Travelling Seminar on human rights and European values, focusing on migration, the rise of the radical right, and the EU's role in promoting human rights, through academic exchange within the ERUA framework.

[10/2024] **Educational Visit to the European Commission** Brussels, Belgium

Participant in an official study visit organized by the Greek Network of European Documentation Centres.

Topics covered: EU governance, communication policy, Erasmus+, youth programs, AI ethics, and European education initiatives.

[24/05/2024 – 25/05/2024] **4th Conference on "International Perspectives in Education"** Mytilene

I co-authored and presented a research paper titled "Digital Addiction" at the 4th International Perspectives in Education (IPIE) Conference in May 2024, held at the University of the Aegean in Greece. The study explores digital addiction as a form of escapism among Generation Z in Greece and the Netherlands, using a mixed-method approach. Our findings highlight how cultural and socioeconomic factors shape digital dependency as a coping mechanism for psychological and social stressors.

[07/2024] **Summer School: The European Union as a Global Power of Values: The Role of Enlargement in the Promotion of Its Values**
Mytilene

[06/2023] **Summer School: EU Enlargement in Western Balkans and the New Institutional Culture: Interdisciplinary Approaches - EUENIC 2023**
Mytilene

[07/2022] **Summer School: Enlargement of the European Union in the Western Balkans and the New Institutional Culture: The Role of Democracy - EUENIC 2022**
Mytilene

[05/2018] **2nd Partner Meeting of the "BACKPACK ID" project** Cyprus

Link: <https://backpackid.eu/el/news/38-second-partner-meeting-hosted-in-cyprus>

VOLUNTEERING

[2022 – 2024] **Assistant at the Europe Direct North Aegean** Mytilene

[18/06/2022 – 19/06/2022] **Big City Festival** Mytilene

[2019] **Labyrinth of Senses** Athens

[2016 – 2019] **Athens Classic Marathon** Athens

SOCIAL AND POLITICAL ACTIVITIES

[09/2024 – 25/10/2025] **President of the Student Association of Sociology** University of the Aegean, Mytilene

Actively engaged in student leadership at the University of the Aegean, organizing impactful events such as Career Day 2025 and thematic events on social justice, equality, and youth empowerment, fostering dialogue between academia and society.

Link: fskoinoniologias.com

[2023 – 2024]

Library Manager at the European Documentation Center of North Aegean University of the Aegean

[2022 – 2025] **Creator of Digital Arts Team** University of the Aegean, Mytilene

SKILLS

Microsoft Office 365 | Canva | Adobe Creative Cloud: Acrobat DC, Lightroom, Photoshop | Google tools (Gmail Drive Google forms etc) | Social Media | Zoom | Outlook | Internet user